

League Lingo

LONDON DIOCESAN NEWSLETTER

2015 Spring Issue

Deadline for Next Issue
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London Diocesan Annual Convention
London—April, 20, 21, 22, 2015

ONE HEART
VOICE
MISSION

- ♦ One heart – filled with mercy, compassion and holiness
- ♦ One voice – united in harmony to speak the truth with courage and zeal
- ♦ One mission – witnessing to the Good News of the gospel through personal encounter and joyful service



President's Report—Marie-Therese Lamphier

I was sitting in my comfortable chair last night overlooking the lake and listening to the news, and I couldn't help but notice that it was still daylight outside! To me this is a sure sign that spring and the warmer weather is not too far away. Just the fact that the sun is shining and that there is daylight after supper perks me up. I will soon be able to walk outside without my heavy winter coat and boots on!

With the coming of spring also comes the birth of new life in the budding of the trees, the grass, flowers and other seedlings.... and let us not forget the long journey to Jerusalem, the death and resurrection of our Lord Jesus Christ and the promise and saving grace of new life into the heavenly kingdom! I pray that you will have a life giving, life renewing experience on this year's Lenten journey!

From the Catholic Women's League perspective what is uppermost in my mind is the Diocesan Convention. We are well on our way! Convention packages are out there, so if you are looking for more details, be

sure to see your president or look for details on our website at www.cwllondon.com. We believe we have planned a very good convention with a variety of interesting speakers on a variety of topics...our new theme, mental health, how to evangelize etc. We hope that you will join us and be renewed in your love for the league.

Our Lenten retreat was an excellent way to connect with our Blessed Mother and to try and understand the mystery of her pain through the "Seven Sorrows of Mary". Deacon Jerry Lozon put a lot of hard work into his presentation and it was well received by those who attended. Upon reflection on the questions, it was wonderful to hear comments like, "Now I know I was meant to be here". Our Lord calls us in various ways ... if we are only open to listen to him. In sharing their thoughts, I noticed that some were moved to tears. Our numbers were down because of the threat of a snow storm, (that never materialized). If you missed this year's day of reflection perhaps you could make a note on your calendar to

attend next year's. We usually hold it on the first Saturday of lent...mark you calendars now.

This past year, I have been blessed to represent you at Special Anniversaries, to bring greetings to other Christian women's conferences, attend provincial executive meetings and also to partake in the installation of parish council officers. It has truly been an honour to do so. I congratulate and wish all newly elected officers the grace of God and I pray that all officers continuing in their roles will be guided by the Holy Spirit and our Lady of Good Counsel.

May you have a blessed Easter and looking forward to seeing you at convention!

Marie-Theresa





Spiritual Advisor, Rev. Fr. Matthew Kucharski

Our Catholic morals and values are once again being challenged in our province and country. For years now, we have been one of the few “developed” countries without a law for abortion. So as you know, an abortion can legally be procured up until the time of delivery.

Over the past year, the Ontario College of Physicians and Surgeons has been debating a new policy for their members regarding the offering of services within their medical practices. Currently if the doctor does not feel, due to his beliefs, that he can offer certain services, for example an abortion or a referral for an abortion, he can post a sign indicating this for perspective patients to know. This way the patient knows before hand what services his or her doctor will provide and can then make the decision whether to go to that doctor or not. With the new policy being proposed, doctors will no longer be able to deny services based upon their moral convictions and will have to provide the services if requested.

This will be even more significant

in light of the recent Supreme Court decision that allows euthanasia and assisted suicide. This is another issue that we could see coming, but unfortunately, as a Church, I do not believe we have adequately educated our people. Now we must battle after the “door has been opened”. Fortunately, parliament has not yet created a law for this issue, so we still have an opportunity to express our serious concerns in such a way that hopefully will influence the lawmakers.

And even more recently, the provincial government unveiled its revised health and physical education curriculum that is expected to be taught in all Ontario schools this September. There is concern about some of the things in the revised curriculum as well as the age appropriateness of some of the materials, but our Catholic Boards have not yet had a chance to modify it. Let us pray that the Province will continue to permit our Boards to make the necessary modifications that reflect our teachings and understanding of the human person and our gift of sexuality.

These are just a few of the issues that have arisen in the last few months. Christian morals and values are being attacked on many fronts. We need to educate ourselves about the facts being presented and about what the Church teaches on these issues. We need to encourage our Catholic leaders—in government, in the Church, in secular society—to stand up for the principles we hold as sacred. We need to pray that our rights are treated with respect. Jesus never promised that being a disciple of His would be easy, and I believe we are just beginning to see how tough that may be in today’s society!

Our Lady of Good Counsel, pray for us!

God’s Peace,

Fr. Matt



For Insight

May the Lord touch our eyes, as he did those of the blind. Then we shall begin to see in visible things those which are invisible. May we open our eyes to gaze, not on present realities, but on the blessings to come. May he open the eyes of our heart to contemplate God in Spirit, through Jesus Christ the Lord, to whom belong power and glory through all eternity.



President-Elect – Angela Pellerin
Organization/Membership Standing Committee Chairperson

I am sitting here looking at the wind blowing and the snow falling. Hopefully by the time you read this the weather will be warmer.

I had the pleasure today to bring greetings on your behalf to the United Church Women of Middlesex Presbytery. It was interesting to learn they have the same issues as us with an aging membership and younger women not joining. A number of churches have closed and the UCW have either ceased or amalgamated with neighbouring groups. It was great that two Muslim women were invited to bring greetings to this event – a great sign of unity among faiths. I had to chuckle when the Treasurer commented on the groups not conforming to the deadline for submitting annual

reports – she had just received one this week, too late to be included in the report book. Gee, we never have this problem in the CWL do we? This lady only had to compile 23 reports which she found demanded a lot of her time – imagine we have to compile information from 99 councils!

Now your membership drives are completed it is time to look towards leadership training. We are still offering Catch the Fire workshops and are now also offering “Smores” workshops. If your council is interested in hosting a workshop, please connect with your regional chairperson to make arrangements.

I have enjoyed reading your annual reports while preparing the annual report book. You will

receive a book for your council at the convention. Take the time to read the stories from each council – there are some great ideas contained in the reports.

London region has been working hard in preparing for the diocesan convention. The ladies are looking forward to welcoming you April 20th – 22nd at the Lamplighter in London. We are anxious to share faith, fun and fellowship with you.

May Our Lady of Good Counsel bless you as you work for God and Canada.

Angela



Past President—Mary Jean Horne
Historian, Nomination & Elections

Due to illness, moving and my computer being down I have been unable to do an article at this time. I will see you at convention and the September League Lingo.

God bless

Mary Jean

1st Vice-President—Rebecca McCarrell
Resolutions/Legislation Standing Committee Chairperson



Wow! What a winter we have had! Hope you are keeping warm and safe!

Legislation has been a “hot” topic since the new year, and it is very difficult to follow as items change on sometimes a daily basis. There are several topics that need your attention. I’m not expecting you to follow up with all of them, but please choose the one that affects you the most and follow up with the letters and information updates on this subject.

1. Sex Education & Health Curriculum. Please take time to review the now transparent information. Make your decisions to support or follow up with your comments based on the published curriculum. Here is the website to see the most recent information:

- a. <http://news.ontario.ca/edu/en/2015/02/ontario-releases-updated-health-physical-education-curriculum-parent-resources.html>
- b. <http://www.edu.gov.on.ca/eng/curriculum/elementary/health1to8.pdf>

2. Euthanasia/Assisted Suicide: Canadian Supreme Court strikes down law prohibiting assisted suicide (February 6, 2015). How do you feel about this? What actions are you taking to make your opinions known?

a. <http://www.patientsrightscouncil.org/site/canada/>

3. C-33 First Nations Control of First Nations Education Act ... how much do you know about the rights of the First Nations people in Education? Please read Bill C-33 off our Canadian government website;

Other legislation in Senate at this time:

S-203
An Act to amend the Controlled Drugs and Substances Act and the Criminal Code (mental health treatment)

S-206
An Act to amend the Criminal Code (protection of children against standard child-rearing violence)

C-290
An Act to amend the Criminal Code (sports betting)

C-350
An Act to amend the Corrections and Conditional Release Act (accountability of offenders)

S-208
An Act to establish the Canadian Commission on Mental Health and Justice

C-597
An Act to amend the Holidays Act (Remembrance Day)

S-4
An Act to amend the Personal Information Protection and Electronic Documents Act and to make a consequential amendment to another Act
 Short Title, Digital Privacy Act

C-587
An Act to amend the Criminal Code (increasing parole ineligibility)

C-590
An Act to amend the Criminal Code (blood alcohol content)

These are only some of the legislative bills going through our Senate and the House of Commons at this time. Please see this website for full information: <http://www.parl.gc.ca/legisinfo/BillsBeforeCommittee.aspx>

RESOLUTIONS: your council will be receiving the information on the resolution that will be voted upon at our London Diocesan Convention. Please come to convention Resolution Dialogue meeting prepared to discuss this resolution in full. Thank you to St. Michael’s Council in London for their hard work in making this resolution.

(Continued on page 6)

1st Vice-President—Rebecca McCarrell
Resolutions/Legislation Standing Committee Chairperson cont'd



(Continued from page 5)

Title: Provision of Safe, Permanent, Geared-to-needs Housing for the Chronic, Severely Mentally Ill.

Constitution & By-Law Changes. Several years ago a resolution was submitted for our convention on changing the "instructed vote" procedures for elections. Time will be set aside as part of the Resolution Dialogue to further investigate the need to follow up

with a Constitution & Bylaw change within our National Policy. Please come prepared to discuss this change.

See you at convention!

Rebecca



2nd Vice-President—Theresa Ryan
Spiritual Development Standing Committee

Our Lenten retreat was held on February 21st at Our Lady Help of Christians in Wallaceburg. It was unfortunate that the weather was poor, affecting the number of women who attended. Our topic was on the seven sorrows of Mary. Deacon Jerry Lozon was a wonderful facilitator. He brought along figurines, music and excellent handouts. We had some good discussions at the tables. We were served a wonderful lunch by the host council.

The retreat is moved around every year to a different location so that women from each area can attend without having to travel very far. I really enjoy being able to visit different parishes around the diocese and meeting women that I might not get to see otherwise.

I have been busy working on the liturgy book for our upcoming diocesan convention April 20th 22nd in London, Ontario. The

convention is always a good time to be inspired by the motivational speakers, prayers, Masses and to visit with old friends and to make new ones. A lot of councils ask how to get women interested in the CWL and the convention is the way to go. Your council should pay for your delegates to attend, even if you have to hold a fund raiser in order to do it. If no one wants to go, offer to go with someone so that they are not alone. Perhaps neighbouring councils can share accommodations or travelling costs.

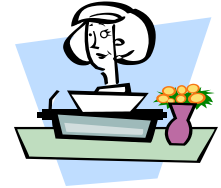
How is your Lent going? Have you done anything as a council during Lent? It is a wonderful time to spend more time in prayer and reflection. It is also a good time to receive the Sacrament of Reconciliation. A day of Reconciliation will be held March 25th this year in our diocese. Please pray for lost souls to find their way back.

As I am writing this we will be celebrating World Day of prayer this Friday. I hope that many of you attend in your area. Also World Union of Catholic Women's Organization's WUCWO Day, is celebrated on May 13th this year.

It is hard to hear the news every day with such acts of terrorism being committed in the name of religion. We seem rather helpless but we are not. The first and most important thing we can do is pray about it. While in this death camp at Auschwitz, Victor Frankl became convinced that everything can be taken from a person "but one thing: the last of the human freedoms—to choose one's attitude in any given set of circumstances, to choose one's own way." It is a good thing to remember.

Theresa

Recording Secretary Mary Bannon



The year just moves on, sometimes without our even being aware of the time passing. Here we are in the middle of Lent! We have had a hard cold winter, dismal at times. Yet we know spring is coming. Easter will arrive!

Thank you so much to all the parishes who mailed me their information about their councils, that is, your President, Spiritual Advisor, Recording Secretary and Treasurer. It really helps with our records.

In my ministry as Recording Secretary for the Diocese, as I'm sure you do in your own councils, I sometimes find this ministry to be

a chore which I would rather not do, like cleaning the oven! I found this quote from one of my favourite authors, Max Lucado: "You'll get through this. It won't be painless. It won't be quick. But God will use this mess for good. Don't be foolish or naïve. But don't despair either. With God's help you'll get through this." Now with the winter we've experienced as well, these words lift us up and bring us hope.

As I have said before Recording Secretaries are the keys that open the doors to what your councils are doing to be evangelizers with One Heart, One Voice and One Mission.

*Every job is a self-portrait of the one who does it;
autograph your work with excellence.*
Ted Key

A Blessed Lent and a Happy, Alleluia Easter

Mary



*If the plural of man is always called men,
Why shouldn't the plural of pan be called pen?
If I speak of my foot and show you my feet,
And I give you a boot, would a pair be called beet?
If one is a tooth and a whole set are teeth,
Why shouldn't the plural of booth be called beeth?*

*Then one may be that, and there would be those,
Yet hat in the plural would never be hose,
and the plural of cat is cats, not cose.*

*We speak of a brother and also of brethren,
But though we say mother, we never say methren.
Then the masculine pronouns are he, his and him,
But imagine the feminine: she, shis and shim!*



Treasurer—Mary Lappan

What a winter! I'm sure the arrival of spring will be welcomed by all.

Once again, thank you to all the treasurers who sent their reports. I received 89 of the 99 reports. Without your reports I would not have been able to send a report to our Provincial Treasurer, Lucy Hendrikx that shows just how generous the London Diocesan Councils are.

I attended the Lenten Retreat in Wallaceburg on Saturday, February 21st. What a wonderful way to start Lent! The topic of "The Seven Sorrows of Mary" was

brought to life by Deacon Jerry Lozon and Our Lady Help of Christians Council were excellent hosts. It is unfortunate that our weather has not cooperated but those that did attend were treated to a lovely day.

Please use only the remittance forms with my name on it and make the cheques payable to The Catholic Women's League of Canada. Discard any forms with Madeleine's or Rebecca's name on them. If you don't have any with my name and address, please call or email me and I will send them to you.

I'm looking forward to the Diocesan Convention in London, April 20 - 22, 2015 and hope to see many of you there.

Have a blessed Lenten season.

May Our Lady of Good Counsel continue to bless our homes and families.

Mary

CWL Appreciation from Right to Life Submitted by Mary Lappan, Diocesan Treasurer

At the Windsor Essex Right to Life Annual Dinner in October, the Board of Directors recognized the many ways they have been supported by the Catholic Women's League. Not only monetary donations but also baked goods, handmade articles, participation in 40 Days for Life and in their fundraising walks were also mentioned. As the representative for the London Diocesan Council, I was presented with a lovely silk flower arrangement. This will be placed beside our statue of Our Lady of Good Counsel at conventions. Congratulations Windsor Essex! Keep up the good work.

Mary



Christian Family Life Standing Committee

Chairperson—Elisabeth Duggan



I want to wish everyone a Happy Lent and a Happy Easter

Lent is a time for us to reflect, a time for prayer, fasting and almsgiving. The family unit is the perfect place to teach these three wonderful aspects of Lent, ways of preparing ourselves for Easter.

As a family unit, it is a wonderful time to make an effort to once a week or more often if it allows, to set a time for prayer as a family unit saying the rosary or reading from the Bible, taking time to read the verse and afterwards talk about it briefly. Many parishes also have the Stations of the Cross. Try to attend with your family to pray the stations.

Speak to your children about almsgiving. It can be explained in a simple way such as an act of kindness to a friend, a neighbour, it can also be doing something at

home. It is also important to talk about sharing such as a part of their allowance. Have a special jar in the kitchen and have them share as they feel for something the family has agreed to give the collection to at the end of Lent.

It is important that the family sets a time to talk about their week and how they are feeling. It is important to share your own personal feelings of something you may have done and how you felt. The act of kindness or charitable act is not to be made known. This is kept private. You need to let your children know this is between them and God.

Share what has been important to them and how did this make them feel. Realize these things are different with age. But it is a way of teaching and home is a great way to start.

I know that families are busy, with hockey, meetings, Scouts and Girl Guides and so on. Believe me I know as I have been there with my four children. But it is important that you make the time with the family to spend time with Jesus.

Once Lent is over and we are in the Season of Easter, do not stop your time of prayer with the family. Keep the practice of praying with the family going. I remember an old saying, "A family that prays together stays together."

God Bless and may Our Lady of Good Counsel bless you and your family

Elisabeth

THE LORD IS MY SHEPHERD

A Sunday school teacher decided to have her young class memorize one of the most quoted passages in the bible—Psalm 23. She gave the youngsters a month to learn the chapter. Little Rick was excited about the task—but he just couldn't remember the Psalm. After much practice, he could barely get past the first line.

On the day that the kids were scheduled to recite Psalm 23 in front of the congregation, Ricky was very nervous. When it was his turn, he stepped up to the microphone and said proudly,

"The Lord is my Shepherd, and that's all I need to know."

Community Life Standing Committee Chairperson—Kathy Levesque



I would like to wish all of my Sisters in the League a Happy New Year 2015. As we start off the New Year, let us not forget to reach out to the homeless, poor, those who suffer from addictions, shut-ins and all who need our help and love.

I would like to thank all the councils that returned their annual reports. The Annual London Diocesan Community Life Report which is found in the Diocesan Annual Report Book, that will be available at the 2015 April Convention, reports on all the wonderful ways on how “We have seen the Lord.” He truly is in us! It shows the many wonderful and different ways that our members helped others. I urge everyone to read this report and use some of the ideas presented to bring to your own councils.

Dignity and Rights of Persons: Human Trafficking. In the news, many people have been caught and charged for this crime. The Canadian Council for Refugees (CCR) has been working to raise awareness about trafficking and to advocate for measures to protect trafficked persons in Canada. What can you do? Read the CCR report, “Trafficking in women and girls”. Contact a local group and get involved in local initiatives against trafficking. More information can be found on www.trafficking.ca

On November 14th, 2014, members from British Columbia

participated in a “human trafficking day” hosted by the International Anglican Woman’s Network in Sorrento B.C. For more information, you can access [YouTube video](#) that gives parts of the day.

On January 1st, 2015, Pope Francis mentioned that 30 million people are exploited every year. Theme – Slaves no more, but brothers and sisters. It highlights the many forms of slavery from forced labour to sexual exploitation. There is even the sale and trade of organs.

Development and Peace (D & P): **Ebola Crisis:** Development and Peace is concerned about the Ebola Epidemic effecting Guinea, Sierra Leone and Liberia. D & P is currently exploring potential partnerships with local organizations to develop projects that will strengthen its intervention in the three countries stricken by the epidemic. The project is aimed to resolving problems, resulting from Ebola’s spreading. They will need support to carry this out. Please continue to support D & P through the 1% plan and prayers.

Share Lent Programme: There are currently 805 million people in the world today who suffer from hunger – that is 1 person in 9 and 50 percent of these are farmers. Hunger is not caused by lack of food but lack of justice. D & P is working to build a more just food system and a more just world. D & P has launched its

Share Lent Campaign under the theme of “**Sow Much Love...to Give**”. How can we show our solidarity with the people in the Global South. Please give generously so that small family farmers around the world can grow food to feed themselves and the world.

Keep the Promise: Pope Francis stated: “Poverty calls us to sow hope...Poverty is the flesh of the poor Jesus, in that child who is hungry, in the one who is sick, in those unjust social structures.” This is a new campaign which started January 2014 till December 2015. It was designed for a commitment of the Federal government to end child poverty, to educate children on poverty and use their ideas to eliminate it. With the 2015 Federal Election coming, ask Members of Parliament where they stand on poverty. The children will become the voters in the future. (Keep the Promise website: www.keepthepromise.ca)

I look forward to seeing you at the Annual Diocesan Convention in London in April 2015. May our Lady of Good Counsel continue to guide and protect us every day.

Kathy

Communications Standing Committee Chairperson—Sandra Cabiddu



As I write this piece for the newsletter, it has finally turned a little milder, but with that has come first the wet snow, then the sleet and now the rain. What a winter we have had so far—I have really missed my trip to the sunnier south this year.

I did not make it to the Lenten retreat on February 21st, partly because we had bad weather here in Camlachie, and partly because I had a medical appointment at the hospital in Sarnia. Also, the surgery I had in the fall of 2013 has collapsed again, so I am facing yet more surgery. It has been a scary time, but now it seems the results show I have something wrong with my internal organs, but it is not as serious as I first thought, thank

goodness. So now it is back to work as Communication Chairperson.

I am still learning the chair, and all that it entails. There are a lot of things that are part of this chair—Our Canadian League Magazine, The Media: Evangelization; Promoting the League; Evaluation & Promotion of Good Content; Newsletters & Bulletins; Media Relations; Pornography & lastly Miscellaneous. I encourage you to fill this position in your councils, as it covers so many things that are wrong with our society in the world today. Pornography and human trafficking to just name 2 of the top things to follow closely.

I look forward to seeing you all again at convention—maybe by then spring will really be here and we will have some warmer weather and now more snow on the ground!

This year the executive will have a display explaining each of our Standing Committee duties, so come check us out.

May our Lady of Good Counsel guide & protect us all.

Sandra

FASTING & FEASTING

*Fast from personal anxiety
Feast on trust
Fast from discouragement
Feast on hope
Fast from acts that tear down
Feast on acts which build up*

Education & Health Standing Committee

Chairperson—Mary Maxwell



In the opening lyrics of Glen Campbell's song **I'm not Gonna Miss You**, "I'm still here but yet I'm gone" we are reminded of the devastating effects of the Alzheimer's disease on this accomplished singer and songwriter.

Still Alice, written by Lisa Genova in 2007, is a New York times bestselling novel which relates the story of an accomplished woman who slowly loses her thoughts and memories as a result of Early Onset Alzheimer's Disease. The story is told from the point of view of Alice and relates her experience with the disease and how it affects her life and family. I have read this book and loved it. I recommend that everyone read it. Oscar Award winning actress Julianne Moore takes the role of Alice and portrays it movingly and memorably. The movie **Still Alice** takes the book and translates it, in a beautifully visual way, for all, focussing attention on the disease of Alzheimer's.

Alzheimer's is a type of dementia that causes problems with memory, thinking and

behaviour. Symptoms usually develop slowly and get worse over time, becoming severe enough to interfere with daily tasks. Just like the rest of our bodies, our brains change as we age. Most of us eventually notice some slowed thinking and occasional problems with remembering certain things. However, serious memory loss, confusion and major changes in the way our minds work may be a sign that brain cells are failing. These are considered the 10 signs of Alzheimer's. Early detection is important because there are treatments available for symptoms which can slow the progression and improve quality of life.

1. Memory loss that disrupts normal life
2. Challenges in planning or solving problems
3. Difficulty completing familiar tasks at home, at work or leisure
4. Confusion with time or place
5. Trouble understanding visual

images and spatial relationships

6. New problems with words in speaking or writing
7. Misplacing things and losing the ability to retrace steps
8. Decreased or poor judgement
9. Withdrawal from work or social activities
10. Changes in mood or personality

"The purpose of life is to live it, to taste experience to the utmost, to reach out eagerly and without fear for newer and richer experience."

Eleanor Roosevelt

Mary

See the next page for the
"Guide to Programmes &
Seniors for Seniors in Ontario"

BEING THANKSFUL

A Rabbi said to a precocious 6-year-old boy, "So your mother says your prayers for you each night"
"That's very commendable. What does she say:?"
The little boy replied, "Thank God he's in bed!"

Education & Health Standing Committee

Chairperson—Mary Maxwell



Source:

A Guide to Programmes and Seniors for Seniors in Ontario
ontario.ca/seniors

Falls Prevention

Falls are the leading cause of injury among seniors and roughly half of these falls occur at home. Every year, one third of seniors fall and often experience serious consequences to their health, independence and quality of life. Fortunately, many falls are preventable.

Reduce your risk by following these tips:

- Exercise regularly. Adults aged 65 years and older should complete at least 150 minutes of moderate to vigorous aerobic physical activity per week in bouts of 10 minutes or more. If you have poor mobility, physical activity can help you enhance your balance and prevent falls. Make sure you have proper footwear that includes rubber soles, low heels and laces or Velcro that securely fasten.

- Take a bone density test. Osteoporosis is a disease that makes bones brittle and more likely to break during a fall. At least 80 percent of broken bones in older adults are related to osteoporosis, with older women at greatest risk of developing the disease. Ask your doctor for a bone mineral density test to determine your risk.
- Know your medications. Taking four or more medications increases your chance of falling. Speak to your doctor about all the medications you are taking to learn why you are taking them, what side effects they have (such as drowsiness or dizziness) and if there are alternatives.
- Reduce home hazards. These include: loose carpets and cords on the floor, items blocking the stairs and poor lighting. Also consider installing assistive devices, such as grab bars or raised toilet seats.

For more information consult the following:

Osteoporosis Canada
1-800-463-6842
www.osteoporosis.ca

To order related publications from the Ontario Seniors' Secretariat, including *A Guide to Preventing Falls* and *What to do if you Fall* :

Service Ontario Publications
1-800-668-9938
www.ontario.ca/publications

To order related publications from the Public Health Agency of Canada, including the *Safe Living Guide*, *You Can Prevent Falls!*, *12 Steps to Stair Safety at Home* and *If You Fall or Witness a Fall, Do You Know What to Do?* :

Division of Aging and Seniors
1-800-622-6232

www.phac-aspc.gc.ca/seniors-aines

Mary



Regional News—Chatham Kent Representative—Angela Soulliere



Hello Everyone,

It has been a very long winter. I think each year we tend to say that it was colder than the last...but take it from someone who works outside, it's been very COLD!

The Chatham Kent Region continues to be busy. There are always so many activities taking place. We were happy to welcome everyone to our region for the Lenten Retreat. Thank you to Our Lady Help of Christians in Wallaceburg for graciously accepting the challenge to host this fine day of reflection. I was unable to attend that day, but I am told that the day was wonderfully presented and enjoyed by all who were fortunate to attend.

I am also blessed to have a wonderful group of women who spear-headed the petition on the new sex-ed curriculum. Now this

was not a "CWL" initiative and it was conducted in a secular way, but I am proud of them anyway for taking on such an important issue and having their voices heard.

We are lucky to live close enough to Windsor where the Shroud of Turin will be visiting. One of our councils decided to organize a bus trip to attend Most Precious Blood Parish for a visit to the Shroud. I am fortunate to be among so many wonderful councils who are willing to step up and organize such events. I am truly blessed to be among these fine ladies.

I would like to welcome the new presidents who have assumed their new roles and sincerely thank the past presidents for the continued support to your new president. I am looking forward to getting to know the new presidents within our region. We

continue to meet every other month, on the 4th Tuesday.

Convention is fast approaching once again and I know that the ladies of the London Region are busy with preparations. I am hoping to get the time off work so that I can attend. I always enjoy seeing familiar faces and getting to meet new women as well. I know that Madame President has a jam-packed schedule for us filled with many inspirational speakers. If you can manage to get to convention, I highly recommend it. I always leave convention feeling uplifted and empowered.

One Heart
One Voice
One Mission

Angela



Regional News—Sarnia Lambton Representative—Wilhelmina Kole

Spring is finally coming! It will soon be warmer and the flowers will come up through what is left of this never-ending snow.

I remain blessed to be Regional Chair for Sarnia Lambton. Working with the dedicated presidents of the 12 councils of this region is a joy. It will be a busy, but wonderful year for all of us as we prepare to host the 2016

CWL Diocesan Convention in Sarnia.

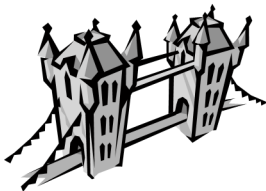
Having been a member of the CWL for 39 years, I have learned many things, but am amazed at how many things that I am still learning.

I would like to thank the Diocesan Executive for their assistance in my ongoing learning

curve of the CWL and for allowing me to continue as the Regional Representative for Sarnia Lambton for a second term.

Yours in Christ,

Willi



Regional News—Windsor Representative—Mary Anne Horne-White

I joined the Catholic Women's League to spend time with my Mother-in law in September 1999; and next thing I know; I'm on the executive January 2000. We've all heard a story like this one.

Since that time our councils have been amalgamated a number of times.....to now: Corpus Christi CWL. I was the first president of Corpus Christi. Being 14 years on the executive, I thought it was a great time to step down and go to meetings enjoying the coffee and camaraderie.

Okay that was my plan for 2015.....

In September 2014; I was asked to take over Windsor Regional Chairperson from Kraith Bolton who had to step down for health reasons. I accepted and we pray that Kraith's health is restored.

I have attended conventions since 2000 and enjoy it every year. We meet other Catholic Women's League members and enjoy the experience at the meetings with the speakers, and spending time sharing with other members of London Diocese. We see familiar faces, and meet new members at

every convention. You have not experienced anything till you've been at a Convention High Mass with all of our ladies singing, the priests in the Diocese participating, and the Bishop officiating.

The 12 Windsor Regional Presidents keep me posted what they are doing in their councils, and are very busy. It is wonderful to be a Regional Representative and I thank Our Lord for the blessing of this rewarding experience.

Mary Anne

Regional News—Huron Perth Representative—Denise Lalonde-Morris



The second month of 2015 is almost at a close and we wonder where time goes. If you are an active member of the CWL you often feel that there are not enough hours in the day. I would like to take this time to thank all the sisters in our Diocese that work tirelessly to keep our sisterhood a viable "Working machine".

Huron Perth has many ladies that work very hard to keep their individual councils afloat. The Catch the Fire workshops have helped in many ways to show our membership that we are not just fundraisers. Besides workshops we have increased our attendance at Diocesan Convention and this

past Fall we ventured on a Trip to Niagara on the Lake where we visited the Provincial presidents winery as well as eating, shopping and the formation of new friendships. We had 8 of our 17 councils venture out with us. Our councils would like to make this a yearly adventure. The councils are jointly fundraising to pay for the renovation of one room at the Holy Family Retreat House in Oxley. On October 29/30th we will travel there for a retreat and present our fundraising efforts.

I also was able to attend many of our Catch the Fire workshop and facilitate at 2 of them. In July I ventured to Merlin to partake in our yearly retreat there. This

Spring I hope to see many of our sisters at the Convention in London and hope to see many at our Regional Day in September in Grand Bend.

I have encouraged my area to take a greater interest in the next election. It is also our goal this year to have an updated Policy and Procedure Manual in all Huron Perth Councils.

Our new theme One Heart, One Voice, One Mission will only succeed if all of us join together as one. Hopefully with the guidance of Our Lady of Good Counsel this will happen.

Fellow Sister of the League

Denise

Regional News—Essex Representative—Denise Masse



Well when I prayed for snow, I may have over done it. Winter however does come with benefits, not only can we revel in the beauty of the season He created, many "warm" activities occur during the winter months. Opportunities abound for families to come together either by braving the cold to partake in winter activities, or warming up with conversation around a fire while enjoying tea or cocoa and perhaps some knitting.

When knitting we know the importance of each stitch; if one is dropped, or missed, the end result is not the same. So too is every CWL council and member important. St. Clement of McGregor will celebrate 80 years in April as a council and the many ladies who dedicated their time and talents over the years to reach this milestone will be celebrated at their dinner and banquet on April 11th, 2015. I look forward to and am honoured to celebrate with them.

Our Annual Report Books will be

given out at the Diocesan Convention and unfold the stories of the good works of the eleven councils in the Essex Region. Our ladies have been: assisting the homeless with donations and time, feeding the hungry and breaking bread with their parish community, celebrating each other and sharing fellowship during potlucks, hosting gatherings after sacraments, educating their members and parish by inviting informative speakers and enriching the faith life of themselves and their parish communities by holding retreats, prayerful reflections on stations of the cross, through prayer and most importantly supporting each other while doing their good works. I thank each president and council for their countless hours, their dedication to the League and humbly sharing their stories.

I look forward to the Diocesan Convention in London this April. The Resolution Committee has been working hard and has good

works to share, the executive has arranged for some enticing speakers. We'll be called and challenged to evangelize, and experience being "Soul'd Out", perhaps we will leave asking for "S'Mores", booking workshops to carry on the enriching experience.

In closing, Lent is a time of prayerful reflection and spending time with the Lord. While weather may have prevented some from attending our Diocesan Lenten Retreat, as always as sisters, we are together in prayer, through one heart, one voice and one mission. Thank-you to Barb Quenneville of St. Michael's Leamington, for her devoted service as president there and welcome to Peggy Barrette. Nancy Joncas has become our Essex Regional Secretary and Rose Beneteau has become the new president for St. John the Baptist, Amherstburg. We're in this together ladies and for my sisters in the League, I give thanks.

Denise

YOU SAY

*You say: I'm always
worried and frustrat-
ed*

*You say: I'm not
smart enough*

*You say: I feel all
alone*

GOD SAYS

*God says: Cast all your
cares on ME*

*God says: I give you
wisdom*

*God says: I will never
leave you or forsake
you*

BIBLE VERSES

(I Peter 5:7)

(I Corinthians 1:30)

(Hebrews 13:5)

Regional News—London Representative—Joan Lobsinger



Mary Immaculate Council graciously hosted our Advent Tea November 24th. The attending councils brought delicious goodies to share and Mary Taylor and Joan Roffey from St. Michael's parish provided music. The readings were very special as they were from the perspective of Jesus in the womb, very thoughtful and thought provoking. The readers read well. My thanks go to everyone who helped make this a lovely evening.

What a busy winter it has been in the London Region I'm not sure how the councils did it but sometime between preparing for their very successful bazaars, completing their membership drives, catering funeral luncheons and conducting the

many other parish activities, they found the time to attend our monthly meetings to plan the Diocesan Convention being held at the Best Western Lamplighter Inn and Conference Centre on April 20th, 21st and 22nd. I am very grateful to Sandra Mitchell my co-chair and to our committee for all their hard work and dedication. We have some great activities planned and look forward to seeing you there.

Unfortunately I was unable to attend the CWL Lenten Retreat Day on February 21st at Our Lady Help of Christian's parish in Wallaceburg as I was enjoying the sunny south. I understand it was a very enriching experience for all who attended.

I'm looking forward to spring and better driving conditions to have the opportunity to visit as many councils as possible before the snow flies once again.

My pictures of the Advent Tea with Mary & Joan are on page 19.

See you at convention!

Joan

**Look for the ad for the London
Convention on April 20, 21 &
22. Found on page 18**



League Lingo—Editor, Sandra Cabiddu

When will this winter ever come to an end!! Hopefully spring is truly just around the corner.

Thank you for the articles you have sent in for this newsletter and your orders. Compared to last year the orders are up—not as high as in past years, but still up over 2014.

Please take note that we had to

increase the cost of the League Lingo effective with this spring edition. **IT IS NOW \$8.00 FOR 2 NEWSLETTERS PER YEAR.** A lot of you have sent in the wrong amount when sending in your order for this year. This is why it is so important for me to have a contact number or e-mail address so I can contact you when things go wrong.

I look forward to seeing you all again at convention in London. I will bring extra copies with me for those who did not get an order in this time around.

Sandra

95th Annual London Diocesan Convention

April 20, 21 & 22, 2015

One Heart, One Voice, One Mission

*Best Western Plus, Lamplighter Inn & Conference Centre, London, Ontario
591 Wellington Road, London, ON. N6C 4R3
519-681-7151 or 1-888-232-6747—e-mail info@lamplighterinn.ca*

Labatt Brewer Tour—\$20—Monday April 20th, 10 a.m. sharp

Speakers:

Monday 2:30/4 p.m.—Resolution Dialogue

Monday 5 p.m.—Opening Mass—St. George Parish Church

Monday 8 p.m.—Fun Night—50's Theme

Tuesday 10:30 a.m.—Fr. Tom Lynch—"60 Ways to Evangelize"

Tuesday 1:30 p.m.—Dan Moynihan—Youth Ministry Specialist—

Soul'd Out—Catholic Community Foundation of S.W. Ontario

Tuesday 5 p.m.—Reaffirmation Mass, Bishop Ronald Fabbro—St. Peter's

Tuesday 7 p.m.—Banquet

Wednesday 9 a.m.—National CUL President Barbara Dowding—Theme—

"One Heart, One Voice, One Mission"

Wednesday 10:15 a.m. Keynote Speaker—Ellis Katsof,

Chief Executive Officer, Pathstone Mental Health

Wednesday 11:25 a.m.—Betty Colaneri, Provincial President

Wednesday 3 p.m.—Closing Mass—Best Western Plus Lamplighter Inn

We look forward to welcoming you to the 95th Annual CUL Convention. It promises to be both informative & spiritually uplifting. For more information & registration forms please visit www.cullondon.ca

Council News—Essex Region—St. Anne, Tecumseh—President, Linda Proctor

Several of our league members attended the Fall Regional day, held in Windsor. It was a very uplifting way to spend the day. We continued with our annual “350 + Tourtières” making & selling. Sold out on the first day!

In December we held our Advent Tea/Luncheon, where a beautiful Christmas spiritual was done.

During this Advent/Christmas season we made a visit to our 20 shut-ins & gave them each a CWL Christmas ornament. They were all very much loved & appreciated.

In January, we held our elections. In February we followed up with the Installation of Executive officers at Sunday mass, with CWL Diocesan President, Marie Theresa Lamphier installing all our newly elected members. It was quite an honour for our council to have her participate. Immediately following, we had a brunch, open to the members & parishioners.

We hosted the Shrove Tuesday pancake supper again this year.

Our league continues to support our chosen charities, Street Help-Unit 7 and Hiatus House.

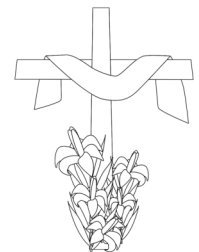
We are involved again this year with the “World Day of Prayer”

On March 25th, day of Reconciliation, we are having a soup & sandwich luncheon.

We are also looking forward to attending this year's annual convention in London.

“Our Lady of Good Counsel...pray for us “

Linda



London Region Advent Tea on November 24th at Mary Immaculate—submitted by Joan Lobsinger





Council News—Essex Region—St. Michael, Leamington—President, Peggy Barrette

It is a pleasure to be reporting as the incoming president for St. Michael's Council. One Heart, One Voice, One Mission is the guide for our commitment to the CWL.

We are One Heart as:

- Members said "yes" to being on the new executive and participated at the January 3rd. Installation Mass.
- Members deliver delicious hot "Meals on Wheels" every Thursday throughout February Thursday's.
- Another member sews Baptism stoles, while yet another crochets prayer shawls for our sick parishioners.
- Other members give their hearts to the Youth ministry, Mass commentators, Eucharist Ministry, and Pastoral Ministry at many area nursing homes and Leamington hospital.
- We are one heart for our new refugee family from Malaysia that are expecting a new baby

in March for which we are collecting gifts.

We are One Voice:

- In speaking for the unborn while participating in the one hour Lenten Candlelight vigils. Every Thursday night in front of Leamington Hospital. And being part of the 40 Days for Life in Windsor.
- Leading Stations of the Cross prayers for our one week of Lent.
- Raising our one voice in the Choir for weekly Masses, Music ministry by playing the piano at The Chaplet of Divine Mercy every Friday.
- To support the O.B. Dept. at Leamington Hospital through letter writing and public meeting attendance while there is serious threat of its closure.
- In solidarity with the women of the Bahamas at this years World Day of Prayer.

We are One Mission:

- By providing our Mission Statement and updates on our activities for all to see on our new CWL Bulletin board and extend an invitation for new women members.
- Our present mission is to help coordinate a new parish photo directory, booking photo sittings for every single parishioner.

Looking forward to seeing many of you at Convention. God Bless each of our CWL sisters

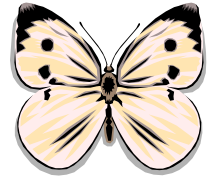
Peggy



ALL MEN/ALL GIRLS

When my daughter Kelli, said her bedtime prayers, she would bless every family member, every friend and every animal (current and past). For several weeks, after we had finished the nightly prayer, Kelli would say, "And all girls." Soon it became part of her nightly routine, to include this closing. My curiosity got the best of me and I asked her, "Kelli, why do you always add the part about all girls?" Her response, "Because everybody always finish their prayers by saying 'All Men'!"

Council News—Essex Region—Visitation Parish, Comber—President, Laurie Lassaline



The spirit of “giving” was alive and well this Christmas season. Members of the Visitation CWL in Comber Ontario were very busy visiting shut-ins of the Parish bringing them a special CWL greeting card and Poinsettia plant to let them know they are remembered during the holidays. Along with the Squirettes of Mary, many provided

entertainment at a local seniors residence by singing Christmas Carols and handing out small gift boxes for each resident filled with donated items by the members. A few ladies provided gift wrapping services at the local mall with funds donated to the Community Living programmes in the area. We are truly blessed

with generous and caring members in our Council !

May our Lady of Good Counsel guide us all in our 2015 undertakings for the year.

Laurie

Council News—Essex Region—Holy Name of Jesus, Essex—President, Janice Rounding



In January, we collected sleeping bags, blankets and boots for the Windsor Downtown Mission. Our Deacon Gary Flewelling, and his wife Clarice, a CWL member, took 2 carloads of items.

Fr. Dave Boutette, our parish priest and spiritual advisor had a special anniversary Mass for all couples celebrating 1, 5, 10, 15, etc. and all years after 60. After announcing each couple's name and anniversary year, he said a special prayer. After Mass, our council served cake and drinks to the couples and their families. Couples were asked to bring a

wedding picture and they were displayed. Fr. Dave had a nice certificate for each couple and a picture was taken of them.

We will be giving each First Communicant a prayer book at their Mass, starting the weekend after Easter.

Our Confirmation students will receive a cross necklace at Mass in May.

We will be having a raffle of beautiful plants for Mothers' Day, and a yet to be determined item for Fathers' Day.

Plans are being made for our annual spring banquet in June.

We will be serving cake and refreshments at the reception celebrating Fr. Mie Ryan's 65th Anniversary to the Priesthood, on the weekend of June 14-15, following all Masses.

Janice



Council News—London Region—St. Justin, London
Submitted by Joan Fox

Thanks to many hours behind the scenes and the support of parish and community, we enjoyed another successful bazaar in November.

At our December Pot Luck, we celebrated the presentation of service pins to 2 members for 50 years, 1- 25 year and 9 for 10 years. What a wonderful thing it is to recognize these women for their continuing support and service to the CWL. Congratulations to each one of them and thank you for your service.

Members continue to support our parish and community with many volunteer hours at such events as the monthly K of C fish dinners, nursing home visits, school programmes, Alzheimer programmes, church decorating, music for our liturgies, help with sacramental preparation and visits to shut ins bringing the Eucharistic and sharing of news from the parish. The next opportunity for service will be the sale of daffodils at the local mall for the Cancer Society.

Quite a few of our members have been enjoying the lunch and learn programmes offered this

year on Wednesdays where we gather to view a video and then have discussions on the topic presented.

At our first annual meeting in February a guest speaker, Cathy Gauthier, from New Day shared important information regarding mental health issues in our current society. So many suffer in silence and are further challenged because of the stigma of mental health issues. It was encouraging and enlightening to learn more about what is being done to support these individuals. Our financial report was also presented.

In appreciation for our help, the K of C hosted a scrumptious brunch for our council following the 8:30 Mass on February 15th. Our Spiritual Adviser, Father Mark Poulin, offered grace and he was joined by Deacon Paul James. We are certainly blessed to have the spiritual guidance and support of Fr. Mark in our endeavours and fundraising activities.

Three members braved the elements and attended a wonderful Day of Reflection on The Seven Sorrows of Mary

hosted by Our Lady Help of Christians CWL council in Wallaceburg.

It was nice to be able to know some of the same ladies we had met on Saturday as we joined other parishes to help host the reception following the Right of Election service at St. Peter's Cathedral the next day.

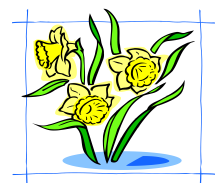
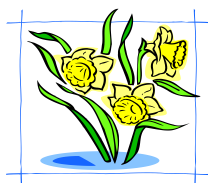
Once again this Lent, CWL members will lead the parish in Mary's Way of the Cross.

Throughout the month of February we have been collecting clothing for newborns. We position a playpen in the Narthex as a gentle reminder to the parishioners when they attend Mass. Donations will be delivered to Birthright in early March.

We are looking forward to the World Day of Prayer service in March and of course the convention in April.

Respectfully submitted on behalf of:

Sandra Furlotte,
Co-president



*Council News—London Region—St. Michael, London
submitted by: Joan Lobsinger, London Regional Chair*

St. Michael's ladies are enjoying the fruits of their labour after a morning of baking pies.

Joan



*Council News—Sarnia Lambton Region—Holy Rosary,
Wyoming—President, Joan Fournier*

Holy Rosary CWL. Wyoming is celebrating 60 years of service. We received our charter October 13th, 1954.

Currently we have 56 members. In September of 2014 we entered a float in the Plympton-Wyoming parade announcing to our community that we were celebrating 60 years of service—we placed 4th.

In October 2014 we hosted a coffee break after the Sunday Masses showcasing our history books.

February 7th, 2015 we were pleasantly surprised and very

honoured to be named to the Mayor's Honour List. Fourteen of our members, our priest and Regional Representative were present at the Mayor of Plympton-Wyoming's Appreciation Luncheon when we received the award. We have been humbled in

looking back to see how much had been done by our members over the past sixty years and strive to continue our tradition of serving our community.

Joan



Council News—Sarnia Lambton Region—Our Lady of Mercy, Sarnia—President, Pat Sloan

Our Council has been very busy. Our hall and kitchen has had extensive renovations and our members did a lot of cleaning and re-organizing.

On November 29th, 2014 we had our first Annual “Crafternoon Tea” with the help of the Knights of Columbus men who served the tea. There were 18 craft tables, selling everything from Christmas crafts, decorations, Woodworking, baking, bird houses, floral designs and jewelry. The tea consisted of cream cheese & cucumber sandwiches, also egg salad and tuna sandwiches, made with home made scones, and home made

jam. It was well attended and we were able to send \$900.00 to the Catholic Missions in the North.

On December 15, 2014 our cluster Parish Councils—St. Joseph's, St. Benedict's and Our Lady of Mercy enjoyed a pot-luck Christmas dinner. Ninety-six members attended, along with our 2 Parish Priests, 2 Deacons and their wives and our Pastoral Minister. It was an enjoyable evening with fantastic food, entertainment and prizes.

We are now planning our Annual Spring Tea on May 6th, 2015.

Our Regional Chairperson, Willie Kole was our guest at our February meeting.

Four members of our Council attended a Lenten Retreat in Wallaceburg on February 21, 2015.

Our members lead the Stations of the Cross most Thursdays in Lent, and participated at the World Day of Prayer on March 6, 2015.

Two members of our Council will attend our Diocesan Convention, April 20th to 22nd in London.

Pat

*Fast from thoughts that weaken
Feast on promises that inspire*

*Fast from idle gossip
Feast on purposeful silence*

*Fast from problems which overwhelm
Feast on prayer that undergirds*

*Council News—Sarnia Lambton Region—
St. Michael, Bright's Grove—
Communications/Education & Health—Nelly Kelders*

As the school bells once again began to ring across Sarnia Lambton signalling the end to summer vacation, the ladies of the St. Michael Catholic Women's League once again turned their attention to fall fund-raising activities. Hold on though, before getting down to the serious business of making money, we joined with our sisters in our clustered parish of Sacred Heart, Sarnia to join us for a day of golf at Huron Oaks. Approximately 30 ladies joined together on a beautiful fall day to conquer the 18 hole golf course at Huron Oaks in Bright's Grove. The day ended with dinner in the club house, where more members were waiting to hear the tall tales of our experiences on the course. More importantly, we had an opportunity to get to know one another a little better and to talk about some of the projects waiting for our attention this fall. Then it was time to get to work.

Our two major fund-raising events take place in October and November and we find ourselves quickly immersed in preparations. The fruit pie making workshop is the first of the activities to receive attention. During the summer parishioners were asked to pick and freeze extra strawberries, rhubarb and blueberries to fill the pies. Donations for the various ingredients for the pie crusts and fillings are also requested. Finally the call for volunteers to assemble and transform all these

ingredients into delicious pies is made. Over two days, guided by project co-ordinator Nancy O'Malley, more than 20 ladies and a few gentlemen, each day, answered the call to mix, knead, cut and trim pie crusts and blend the fruits into mouth-watering fillings. It is truly a sight to behold as they worked in assembly line precession to process the end products. By the time the final crust had been rolled out and filled with its fruit filling, the group had created 180 pies. The pies were sold after the Saturday night and Sunday morning masses the week before Thanksgiving Weekend in October. It was with great satisfaction the ladies were able to say "Sold Out" at the end of the weekend. What a wonderful way to celebrate Thanksgiving with a fruit pie made by such loving and caring hands.

There was little time to savour the success of the pie sales as we looked forward to preparations for the second event. The annual Christmas bazaar in late November is a major undertaking and requires the assistance of many helpers. Once again we prevailed upon the good will of Nancy O'Malley to co-ordinate the making of the famous Tourtières (meat pies). Again parishioners were invited to join us in this endeavour through donations of ingredients and of course helping to create these amazing pies. Once again an excellent response by more than 25 ladies, resulted in a

day of very successful work, culminating in 222 Tourtières ready to sell at the Christmas bazaar.

Knowing the pies were safely stowed away in the freezers, we turned our attention to other aspects of the bazaar. Co-ordinator Lily Wong worked with a group of 14 convenors to ensure that all aspects of the bazaar were covered. Young ladies in the parish were invited to attend a Teen Workshop on the Sunday afternoon prior to the bazaar to create some interesting and novel items for the craft table. Items collected were sorted for the most appropriate tables including: baked goods and preserves; silent auction; estate sale; new to you; crafts; books/videos; jewellery and gift baskets. Once again the assembly line approach was used as we created gift baskets under the watchful supervision of Annette Procnier. Her creativity is surpassed by none as she tirelessly assembled contents for baskets, made suggestions and offered encouragement. Her merry little band of elves created 115 baskets in the one evening marathon, definitely surpassing the estimated number of baskets required.

The Friday before the bazaar saw a hive of activity in the parish meeting room as the convenors and volunteers arranged their items on the tables. Fresh

(Continued on page 26)

*Council News—Sarnia Lambton Region—
St. Michael, Brights Grove—
Communications/Education & Health—Nelly Kelders (cont'd)*

(Continued from page 25)

evergreen door swags were created, an inviting corner was set up for weary shoppers to stop for refreshments, and quilts and other lovely hand-sewn items were displayed in the narthex. It seemed that every nook and cranny was filled with treasures waiting for new homes. There was something for everyone from the youngest to the oldest. The only thing missing was the shopper. They were there as the doors opened at 9 a.m. Saturday morning. The *door buster* of course was our famous Tourtières. By 10 a.m. there was not one to be found and sadly or happily, we announced that we were sold out! By the time the doors closed just after one o'clock, many other items had sold out. We consolidated what was left, waiting for the "after the masses crowds" to purchase the rest. It was a happy group of convenors and volunteers who cleaned up on Sunday afternoon, satisfied with another successful fund-raiser.

With the bazaar behind us, there was only one event left, the final general meeting of the year. The December meeting was a pot luck dinner which took place in the meeting room following mass. This meeting was a celebration of the success of our year. A festive mood pervaded the room as we enjoyed one another's company and reflected on how blessed we had been throughout 2014. A

continuous slide show during dinner, featured highlights of the year and some of the amazing women who made it all happen. Member Mathea De Groot was invited to share the work that she and members of her family do for the poor in Cuba. She described the conditions that many of Cuba's poorest people live in and how we might reach out and help them. Included in her list of collectable items are Barbie dolls and clothing. What little girl would not want a doll! To help families within our own community, Co-president Mary McLeay presented Ray Dibrita of the St. Michael St. Vincent de Paul Society with a cheque for one thousand dollars, to assist with their Christmas Basket drive.

As we took our leave on that crisp December evening we all knew that 2015 would again offer us many opportunities and challenges. The new executive for 2015-16 is slowly taking shape and we all look forward to working with them for the benefit of our community and country, in the coming months.



Pie Making day for
Christmas Bazaar—2014



Teen Workshop—working on
items for Christmas Bazaar 2014



Tourtières Workshop—
Christmas Bazaar 2014



Lily & Annette—Gift Basket
Assembly Night

Council News—Huron Perth Region—St. Joseph, Kingsbridge—President, Joanne Doherty

Happy New Year Sisters, and greetings from St. Joseph's, Kingsbridge. As 2015 is ushered in, we have fond memories of our fall activities in the spirit of Fun, Faith & Fulfillment.

President Joanne Doherty organized and escorted a fun group of ladies to Niagara-on-the-Lake for some retail therapy, a whole lot of laughter highlighted by a special tour of Colaneri Winery - family business of Provincial President, Betty Colaneri.

It was certainly a merry crowd as Betty and her team extended such warm hospitality while sharing the meaning of wine labels for each family member. We sampled and were educated on 5 varieties - simply fabulous!

CHEERS to Betty and her team - it's a definite must-see and taste on any list.

2014 wrapped up with successful community charity events - including raising funds for an autistic child's need for a service dog and another child's home renovation to accommodate medical equipment. Members shared their gifts and talents to benefit our local, national, and global communities.

We look forward to continuing our support of community (always a favourite is the Turkey Pie bake) as well as attending the 2015 Annual Convention in London (1 Heart, 1 Voice, 1 Mission). With the spirit of the 2014 convention guiding us, I leave you with this prayer:

"I Said a Prayer for You Today"

And know God must have heard
I felt the answer in my heart,
although He spoke no word. I
didn't ask for wealth or fame (I
knew you wouldn't mind.) I
asked Him to send treasures of a
far more lasting kind! I asked
that He'd be near you at the start
of each new day: to grant you
health and blessings and friends
to share your way! I asked for
happiness for you in all things
great and small. But it was for
His loving care I prayed for most
of all!

Until we meet again ...

Joanne



Left—Joanne Doherty—President, St. Joseph, Kingsbridge CWL
Centre—Betty Colaneri—Provincial President and Winery Owner
Right—Denise Lalonde Morris—Huron Perth Regional Chairperson

Council News—Huron Perth Region—St. Peter Goderich—President, Jo-Ann Blay-Rowan

Although we were blessed with a very mild Christmas, our January and February have countered with extremely harsh temperatures...almost unbearable at times. So, warm wishes of peace and Christ's love to all members!

Let us go back to early 2014 when our Council hosted a regional day with a Catch the Fire workshop. It was truly a faithful day of sharing our League's mission from God for Canada.

Twelve of our members, including Life Member Muriel Murphy, attended the Diocesan convention in April. The presentations by Lee Levergood and Betty Colaneri were very well received.

At our dinner before summer break, we announced pins awarded to Alice Saulkins, Joan Schoonderwoerd (25), Barb

Desjardins, Eileen Moerbeek, Karen Wade (40), Lima Caza, Emma Franken, Annette Stamp (60), Catherine Austin (75) and Judy Van Beers (Maple Leaf).

We made July a significant month with the Pornography Hurts Families campaign by distributing 275+ postcards to go to Parliament from our parishioners.

A bus tour in September brought our Huron-Perth members together strengthening member relationships and building new friendships. This roundtrip to Niagara-on-the-Lake encompassed a visit with Provincial President Betty Colaneri at the Colaneri Family Winery.

After our successful Harvest Bazaar and Christmas dinner with election of our new executive, the much anticipated Nativity Scene was installed

outside our Church just in time for Advent. This was a team effort by our Council and the Knights of Columbus.

Reflecting on my personal faith journey and the 2014 Cursillo I attended almost one year ago, I am not a spring chicken, however, I am a Cursillo babe chick who knows that mental health and a new health curriculum in our education systems should be at least two of our major concerns as we move forward with our Catch the Fire burning bright.

We look forward to our Diocesan 2015 Convention with wisdom, compassion and joyful hearts!

Jo-Ann



Council News—A Joint Submission from the Ingersoll Region— Post-card Campaign against Human Trafficking Taken from a local Newspaper in Oxford County



The petitions presented to Oxford MP Dave MacKenzie were simple post cards. The statistics they represent are staggering.

A group of Oxford County Catholic Women's League joined together last June to campaign against human trafficking and pornography, collecting petitions from residents of Oxford to present to MP Dave MacKenzie on July 2nd to forward to the House of Commons. Two stats were included on the back of each post card—there are 27 million people in slavery today and the number of daily pornographic e-mails is estimated to be 2.5 billion, representing 8% of total e-mails.

"Our intention was to highlight the issue around pornography and human trafficking," said Fatima Cabral from Holy Trinity CWL in Woodstock. "It's happening in Canada ... and off our streets,"

said Veronica Holly, President, St. Mary's CWL in Tillsonburg. "That's what people don't seem to realize." "We're advocating for whatever supports are available for victims & tougher laws for the convicted—the people who are actually doing this".

In addition to St. Mary's (Tillsonburg) and Holy Trinity (Woodstock), campaign participants included Sacred Heart in Ingersoll and Princeton, and St. Peter's in Norwich. "I have a few that say 'do something, stop it now'," said Holly. "It's very dear to the Catholic Women's League," Cabral nodded. "The preservation of life and families." "It's an important issue. There are many victims associated with pornography and the sex trade," said Macenzie from his Tillsonburg office." MacKenzie said the people who filled out the

post cards and the CWL representatives making the July 2nd presentation, 'represent our society and everyday people.' "They recognize the danger of pornography," said MacKenzie.

"There's so much money in it now, that's how people can get away with it," said Holly, noting the human trafficking industry is estimated to be \$32 billion—annually. "And accessibility through the Internet," said Cabral. "We have some statistics here on how many e-mails and websites have pornographic content." Figures presented by Cabral show 12% of all websites (4.2 billion) contain pornographic material and 2.5 billion e-mails daily (8%) have pornographic images. 90% of children, ages 8-16, have already been exposed to pornography online while doing homework

(Continued on page 30)

Council News—Ingersoll Region—Holy Trinity, Woodstock—President, Fatima Cabral

My first year as president has been a very rewarding one. It's been interesting getting to better understand the way the league works and especially getting to know many long standing members as well as meeting new ones that have recently joined. We trialed some new activities this past year like organizing a parish-wide baby shower and sponsoring a grade 8 essay contest on why "Catholic education is important to me and my family". Our postcard campaign against Pornography was successful. We partnered with our fellow Oxford County CWL parishes to present over 1500 signed cards to our local MP. Our bazaar was another huge success and I'm thankful for all our members who contribute their trinkets, talents

and time.

We continued many of our traditional activities like presenting our graduates of grade 8 and our newly married couples with crucifixes, visiting our shut-ins and celebrating the birthdays of those members over 80. Our funeral luncheon committee made up of many dedicated CWL sisters continue to support families during difficult times by offering a nourishing meal and fellowship. **A great blend of tradition and fresh ideas.**

We had the pleasure of presenting the Maple Leaf pin to Theresa Sabourin and the Bellelle Guerin pin to Leonore Benjamin.

Some new activities we are planning for 2015 include

sponsoring a free family skate event at our local ice rink to encourage families to spend quality time together away from technology and social media. On April 16/15, we will be hosting a concert & comedy night with entertainer Wendy Farha. She will be sharing how she overcame her life's obstacles with faith and courage. She is a survivor of breast cancer and has battled depression.

So far this year we have welcomed several new members: Michelle, Sadie, Elizabeth, Donna, Lisa, Juanita, Debbie, Dianne, Margaret Mary, Irene and Rita. God is good and we are blessed to be His hands on this earth.

Fatima

A Joint submission from the Ingersoll region ...(cont'd)

(Continued from page 29)

research. Between 50/60% of marriage breakups have cited pornography as a casual factor.

"Our generation has the opportunity to end human trafficking and to police pornography where-ever possible." said Cabral in her presentation. "Tougher laws and higher penalties for those convicted of human trafficking will send a message that we do not tolerate these crimes. Also, better support for these victims trying to escape this life will mean lives are saved & future

generations have a chance at succeeding."

Cabral urged MacKenzie to take the petitions to Peter MacKay, Minister of Justice and Attorney General of Canada. (At the time).

"We want our voice heard in the House of Commons loud, strong and clear that pornography hurts our children, married couples and the victims of the industry." "It (human trafficking) is a crime that reaches all elements of our society," said Holly in her report. "Children are being taken from our streets. Human trafficking is the fastest growing and second

most lucrative criminal enterprise globally." Holly said "80% of the victims are women and children, some younger than 14, and that 70% of the women and children are trafficked for the purpose of sexual exploitation. "Every minute two children, our children are taken. "Our generation has the opportunity to end this crime of human trafficking and to police pornography where possible," Holly summed up. "Each person that joins the movement to end this crime of human trafficking makes a permanent impact. You can be that person."

Council News—Chatham Kent Region—Holy Family, Wallaceburg—President, Judy Roy

After a restful summer, our council began our membership drive in earnest, with a talk before Masses and bulletin inserts. Memberships were sold for 2 weeks after all Masses and a special CWL renewal envelope was included in our box of regular Sunday envelopes. We hosted our second Senior/Shut-in Mass of the year, which included a luncheon afterwards. Thanks to our Spiritual Development convenor, Marguerite Francis, we also hosted a Day of Reflection in our church for all CWL members in our cluster. Facilitator was Cindy Waddick, Elementary Chaplaincy, St. Clair District School Board, and included a free luncheon.

Our clustered parish of Holy Redeemer celebrated its 10th Anniversary with a Dinner Dance. Bishop Fabbro joined us for the celebration. In honour of this milestone, our parish put together a new pictorial with the help of many of our council members. We also held our

annual Penny Sale, which was another great success. This is wonderful, since it is our main fundraiser. Each year, we take part in Operation Christmas Child, by handing out and collecting 125 shoe boxes.

Our council did quite a bit of fundraising for our church roof. We sold homemade chili sauce, salsa, pepper jellies and mustard, as well as Christmas bows of different colours and sizes. This year, we made and sold over 4,000 turkey pot pies with the help of our Knights of Columbus and many volunteers. We were able to present a cheque for \$8,000 to our Pastor, Fr. Chris Gillespie, payable to Holy Family Roof Fund.

A Dove of Peace celebration was held on December 7th, for all families in our cluster who have lost someone during the year. Each family receives a dove with their loved one's name to be put on their Christmas tree. A time of fellowship followed in the parish centre with fruit trays, veggie trays,

and Christmas baking supplied by all of our clustered CWL councils. Our council also looked after 25 placing's for the Salvation Army Kettles. During the year, many of our members take part in the liturgical roles during Mass, as well as being in the choirs, and looking after the Sunday School programme for the younger children. We also look after the decorating during the changing seasons. In December, we hosted our annual Advent Tea. Our past president, Aggie Moynihan did a wonderful job of presiding over this event. We began with the day's scripture readings, then a thoughtful Christmas story, following which we all enjoyed some Christmas teas and coffee along with some tasty desserts. Christmas gifts are given to members of our clergy and staff. What a wonderful way to end our year! May Our Lady of Good Counsel continue to bless us and all that we do.

Judy



PASSING THE BUCK/THE BUCK STOPS HERE

Most men in the early west carried a jack knife made by the Buck Knife company. When playing poker it is common to place one of the Buck Knives in front of the dealer so that everyone knew who he was. When it was time for a new dealer the deck of cards and the knife were given to the new dealer. If this person didn't want to deal he would "pass the buck" to the next player. If that player accepted, then "the buck stopped here".

Council News—Chatham Kent Region—Blessed Sacrament, Chatham—submitted by: Patti Johnson, Communications

Fall was an exceptionally busy time for CWL at Blessed Sacrament Church. We took on a project to raise money for the building fund. We put together a small committee for a dinner and silent auction which we named "Celebrate the Harvest". It was a wonderful success we raised over \$ 5,000.00 in one day. We also had a fantastic time working together. Our congregation also numbered almost 450 who came out to support and enjoy the

event. It was likened to having Sunday dinner with everyone from church. We represented every age group. There were children's games, music, and a silent auction. We were treated to a delicious meal by a local company, Chatham Breakfast Grille. This was certainly the highlight of the season.

For Christmas we came together with St Agnes CWL. We enjoyed

mass, dinner music and games together.

Patti

See pictures below of our "Celebrate the Harvest" Dinner:



Council News—Chatham Kent Region—St. Ursula, Chatham—Past-President—Jane Curry

Fall 2014 was a very busy and exciting time for our League. We began our September meeting with a Mass celebrated by Fr. Matt Kucharski followed by a delicious Pot Luck Dinner and general meeting. In October we held a Fashion Show fund raiser, fashions by Betulla Boutique. A big thank you to convenor Luisa L'Ecuyer, the models, and the ladies who made the desserts and helped out in any way.

We had 7 ladies from the League attend the Fall Regional Days in Windsor for a day of information, learning and friendship. We also had our first raffle of 5 beautiful gift baskets filled with merchandise donated by many generous merchants from the Chatham area. The entire proceeds of this event were donated evenly to the CKHA Oncology Department and the CK Hospice. All tickets were sold for the raffle thanks to the dedicated work of Yvette Waddick and Doreen Edwards and the help from those who sold the tickets.

In December we held a very successful Bake Sale fund raiser. Thanks to Shannon Cromwell, convenor and all who donated the delicious goodies. Our Christmas Banquet was also in December organized by Ann Murphy who also decorated the hall so beautifully. Our meal was catered by Sony's Catering and after the meeting entertainment was provided by our own Deacon Chris Masterson and The Pub Crawlers. Much singing, a little dancing and great fun was had by all. Gifts were presented to Fr. Matt, Deacon Jerry Lozon and Deacon Chris Masterson as well as outgoing President, Jane Curry. Our newly elected executive was announced and service pins and awards were presented. We also announced that through our fund raising efforts a new Holy Water Container will be purchased for St. Ursula's Parish and the first of our commitment cheque was given for the Spirit and Life Center Campaign.

Service Pins were awarded to Beulla Caldwell for 60 years, Marie Boeckner, Margaret Bossy, Rita Burke and Grace Magliaro for 50 years, Mary Bink, Anne Bondy Mary Smeek and Clara Jackson for 40 years, and Elizabeth Green and Sandi Mailloux for 25 years. A Maple Leaf Pin was presented to Ann Murphy.

Honourable mention was made to our sisters with over 60 years of service: Clara Keenan 68 years, Ruth Nagle, Norma O'Rourke, Ruth Sereda for 65 years, Agnes McAlorum and Kay Leslie 63 years and Mary Delay 62 years.

We mourn the loss of our sisters Kay Leslie, Betty Simpson, Juliette Huxley, Denise Schneider, Mariann Vinale, and Rosabel Charlebois who passed away in 2014.

Jane

Curfew

The word "curfew" comes from the French phrase "couvre-feu", which means "cover the fire". It was used to describe the time of blowing out all lamps and candles. It was later adopted into Middle English as "curfew", which later became the modern "curfew". In the early American colonies, homes had no real fireplaces, so a fire was built in the centre of the room. In order to make sure it did not get out of control during the night it was required that, by an agreed-upon time, all fires would be covered with a clay pot called a "curfew".

Council News—Chatham Kent Region—St. Michael Dresden—President—Theresa Burns

In January, Fr. Ray Lawhead, upon invitation, attended the meeting to discuss and determine our role in the sacraments. It was determined that CWL would provide gifts on the occasions of various sacraments and the sacraments would happen generally on “coffee Sunday”.

Betty Vitek organized the card parties held twice monthly in January, February and March.

January 24 we hosted Memory Mentors sponsored by the Alzheimer Society in our hall. It was well attended by the community.

In February, we shared with the Knights of Columbus and the church to buy new lighter weight tables for the Hall. Diane Quesnel, Christian Family chair, arranged to have Baptismal stoles made by Nicole Martin’s students.

In March, Mary Stranak, Anne Hodulik and several other women participated in the World Day of Prayer held this year at the Christian Reformed Church.

In April, Ursula Pumfrey and Fran Kominek attended the Right to Life dinner with half of their tickets paid for and a donation to

present. Pat Maure and Mary Stranak made soup one day for the Ministerial lunches in town during Lent.

On May 4th, Lisa Camillo, Spiritual chair, and members wore CWL stoles and carried flowers to a table below the Blessed Virgin’s statue. They sat together in the front pew to honour Our Lady of Good Counsel at Mass. As a fund raiser in May, Joan Allaert organized the preparation of dinner for the 4th Degree Knights of Columbus.

In June, Sandee Chandler, gave 3 first communicants each a prayer book for Mass. Liz Kominek, Education chair, developed an application form for the Good Citizenship award for a graduating grade 12 student. Twenty eight women enjoyed a meal at a local restaurant and our 1st vice president, Sandee presented several members with pins (years). After dinner, in Nicole Martin’s classroom, her secondary students whom we had assisted with their school trip to Inukjuak in northern Quebec entertained us with their amazing adventure.

In September a generous donation was made to assist with the repair of the roof of the church.

In October, Nicole Martin, treasurer, obtained the licence for the 5 turkey baskets’ draw. Betty Vitek, assisted by Lorrie Bulley, handed out many tickets before Mass on Sundays.

In November, another dinner was organized by Zulma Deprez, this time for Dresden Knights of Columbus, their wives and widows. Also in November Joan Allaert began the collection of dues for 2015.

December 12th was the date of a successful card party and draw for the 5 turkey baskets that many parishioners had contributed to. The winners: Chris Schielhauf, Henry DeBruyn, Tim Fish, Sarah Gervais and Lillian Bednarik.

Throughout the year Zulma Deprez, 2nd Vice President sent 22 cards as needs arose. Lisa Camillo, Spiritual chair, inspired us to be better women at our monthly meetings attended by 10 to 15 yet all 65 members assisted in various ways and Lori Brown, secretary, kept track of it all.



Council News—Windsor Region—St. John Vianney Windsor—President—AnneMarie Kozak

Our new executive was sworn in at an installation mass prior to our December dinner.

Our 2015/2016 Executive:
President: AnneMarie Kozak,
Treasurer: Helen Biales, Secretary:
Jan Conlon

We participated in our 'Prayer Partner Adventure', whereby interested members put their names in a basket and then each participant drew a name. (a name can only be redrawn if you pulled your own!) You then pray for that person, whose name you drew, for the next 6 months. At our June social, we repeat the draw and pray for our new partner for 6 months.

Our departing executives—president: Yvette Henkel and treasurer: Josie Sobocan received gifts. We also presented a Christmas gift to our pastor, Fr. Nelson. Gloria Simard received a Certificate of Merit for her many services within our council as well as in the community and at regional meetings.

- Our fall raffles and bake sale were very successful and soon we'll be preparing for our spring raffles and bake sale.
- On Friday, March 6th, our CWL will be leading the Stations of the Cross, using "Mary's Way of the Cross".

- On March 12th, a group of us will be attending the Shroud of Turin presentation at Most Precious Blood Church.
- Lois Comartin received her 60 year pin and the following ladies joined in 2014: Erin Conlon; Jill Farkas; Jenn Loucks; Lorraine Nikita; Jeannette Ostrogonac; Mary Nenadovich; Lucille Ouellet; Linda Stephens.

We are looking forward to the regional convention in April!

AnneMarie

May today there be peace within. May you trust God that you are exactly where you are meant to be.

May you not forget the infinite possibilities that are born of faith. May you use those gifts that you have received, and pass on the love that has been given to you. May you be confident knowing you are a child of God. Let this presence settle into your bones, and allow your soul the freedom to sing, dance, praise and love. It is there for each and every one of us. Amen

St. Thérèse of Lisieux



Service Pin Awards for 2014/2015
"Congratulations to our faithful & dedicated members"



Huron Perth Region:

St. Joseph, Stratford

50 Year Pin

Dorothy Boonen
Gertrude Ort

40 Year Pin

Marion Hall
Audrey Murray
Alice Reinhart
Madeleine Visser
Lise Willems

25 Year Pin

Teresa Munro
Aleida Stinnissen

10 Year Pin

Elia Forte
Catherine Schoonderwoerd
Danielle Wynne

New Members

Lynn Harris
Sheila Loucks
Yvonne Nyenhuis
Cathy Walsh

Honourable Mention

Clara Black—61 years
Doreen Pigeon—61 years
Mary Gould—69 years
Eileen Rothernel—69 years
Vera Beale—71 years
Florence Darby—85 years

**Immaculate Heart of Mary,
Grand Bend**

50 Year Pin

Grada Viemmix
Doreen Metson

40 Year Pin

Corrie Relouw
Mathilda Manders

25 Year Pin

Lillian Martens
Mary Edwards-Metcalf
Anny Michielsens

10 Year Pin

Angela Kuntz

St. Joseph, Listowel

Maple Leaf Service Pin

Mary Ann Hurst

60 Year Pin

Margaret Haid
Marie Linden
Doreen O'Grady

40 Year Pin

Marie Elliott
Julie Gelinis
Judy Givens
Carmel Stumph

10 Year Pin

Maria Couto
Maria Duarte
Anne Cummings

New Members

Christina Schneider

St. Peter, Goderich

Maple Leaf Service Pin

Judy Van Beers

75 Year Pin

Catherine Austin

60 Year Pin

Lima Caza
Emma Franken
Annette Stamp

40 Year Pin

Barb Desjardins
Eileen Moerbeek
Karen Wade

25 Year Pin

Alice Saulkins
Joan Schoonderwoerd

Chatham Kent Region

St. Ursula, Chatham

Maple Leaf Service Pin

Ann Murphy

60 Year Pin

Beulla Caldwell

50 Year Pin

Marie Boeckner
Margaret Bossy
Rita Burke
Grace Magliaro

40 Year Pin

Mary Bink
Anne Bondy
Mary Smeeke
Clara Jackson

25 year Pin

Elizabeth Green
Sandi Mailloux

Honourable Mention

Clara Keenan—68 years
Ruth Nagle—65 years
Norma O'Rourke—65 years
Ruth Sereda—65 years

(Continued on page 37)





Service Pin Awards for 2014/2015
"Congratulations to our faithful & dedicated members"



(Continued from page 36)

Agnes McAlorum—63 years
Kay Leslie—63 years
Mary Delay—62 years

London Region

Mary Immaculate, London

60 Year Pin
Ruth Madziak
Cecilia Mitchell

50 year pin
Helen Brulotte
Laura Meyer

10 year pin
Mary Brannigan Aquilina
Joey Ianni

5 Year Pin
Gabrielle Coleman
Angela DiCicco
Patti Lang
Angie MacEachern
Jenna Vanbelois
Marion Vanhie

Joanne Wira

New Members
Stephanie Brown
Mary-Ellen Fisher
Kornelia Jones
Rita Keating
Peggy Smith
Heather Vanhie
Michelle Vanhie

Ingersoll Region

Holy Trinity, Woodstock

Maple Leaf Service Pin
Theresa Sabourin

Bellelle Guerin Pin
Leonore Benhamin

New Members
Michelle Neron
Sadie Berzins
Elizabeth Carriere
Donna Innes
Lisa McReynolds
Juanita Treleven

New transferred in Members

Dianne Roberts
Mary Margaret Embury
Irene Watts-Moroux
Rita Creed
Debbie Wojcik

Windsor Region

St. John Vianney, Windsor

60 Year Pin
Lois Comartin

New Members
Erin Conlon
Jill Farkas
Jenn Loucks
Lorraine Nikita
Jeannette Ostrogonac
Mary Nenadovich
Lucille Ouellet
Linda Stephens

Certificate of Merit
Gloria Simard



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Date deceased _____

CWL Parish Council _____

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